



**BELMONT PRIMARY SCHOOL**  
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 Principal: David Houghton  
 Assistant Principal: Sharon Liddle



**BELMONT BULLETIN**  
**NO. 33 7<sup>th</sup> November 2019**

<b><u>DATES TO REMEMBER</u></b>			
Friday	8 <sup>th</sup> , 15 <sup>th</sup> Nov		5/6 Puberty Information Sessions
Friday	8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> Nov		Grade 3/4 Bike Ed Program
Monday	11 <sup>th</sup> November	9:30 – 10:30am	2020 Prep Transition Session 1 Group A
Monday	11 <sup>th</sup> November	11:30 – 12:30pm	2020 Prep Transition Session 1 Group B
Monday	18 <sup>th</sup> November	9:15 – 10:30am	2020 Prep Transition Session 2 Group A
Monday	18 <sup>th</sup> November	11:30 – 12:45pm	2020 Prep Transition Session 2 Group B
Friday	22 <sup>nd</sup> November		Grade 5/6 Blue Light Disco
Friday	22 <sup>nd</sup> November		Grade 4 Girls Afternoon Tea
Monday	25 <sup>th</sup> November	11:30 – 1:00pm	2020 Prep Transition Session 3 Group A
Tuesday	26 <sup>th</sup> November	11:30 – 1:00pm	2020 Prep Transition Session 3 Group B
Wednesday	27 <sup>th</sup> November	7:00pm	School Council Meeting
Friday	29 <sup>th</sup> November		<b>Curriculum Day – No students required at school</b>

<b><u>Student of the week</u></b>		
<b>Congratulations to the following students whose efforts, behaviour and attitude have been recognised</b>		
Jack M	<b>Prep G</b>	For being an enthusiastic student towards all activities we do in class! You always have a smile on your face and have a great positive attitude! Keep up the great work Jack!
Isla D	<b>Prep V</b>	For her resilience and ability to come back into the classroom after swimming ready to learn. Well done Isla!
Druinya O	<b>1/2 C</b>	For giving great attention and applying excellent effort during all learning areas. Well done Druinya for your excellent progress in reading and maths. Keep up your great work!!
Gina Y	<b>1/2 P</b>	For her wonderful and positive attitude in 1/2 P and her fantastic efforts at the pool in her swimming group these last 2 weeks. Keep up all the great work Gina!!
Georgia R	<b>1/2 T</b>	For working incredibly hard to record notes, plan and write her information report about pandas. Excellent effort Georgia!
Atharva P	<b>3/4 C</b>	For having a red hot go at incorporating some great strategies whilst calculating some tricky BODMAS problems. Well done Atharva
Bonnie M	<b>3/4 E</b>	For using such strong, emotive language in her book review. Great job Bonnie!
Oscar D	<b>3/4 L</b>	For your detailed summary and elaborated opinions when writing a book review. I've been so impressed with your efforts!
Ruby J	<b>5/6 L</b>	For an amazing job creating beautiful poetry using figurative language and sophisticated vocabulary. Great job Ruby!
Zane S	<b>5/6 S</b>	For his beautifully crafted Stop Start poem where he used poetic devices effectively which created a vivid image in the reader's mind. Well done Zane!
Martha H	<b>5/6 T</b>	For creating a quality "One Minute in Time" poem about an experience in her life. The emotive language used throughout your writing was outstanding. Keep up the great work!

**PRINCIPAL'S REPORT**

**Students of the week**



**School Concert DVD**

The first round of DVD sales for the 2019 School Concert has now closed and DVDs have been sent home.



We have opened up a second round for anyone who may have missed out or would like to order extra copies. This round will be open until **November 28<sup>th</sup>**.

Please follow the **NEW** link provided to order online.

<https://www.trybooking.com/BGPTN>

**Junior Cross Country** was held this morning in cool and blustery conditions. My thanks to Mrs Ryan (PE) and our Sports captains for their hard work behind the scenes and of course the support of all staff and many parents, grandparents and others who formed our audience. Pictured here our place getters and several others who were recognised for individual efforts or overcoming falls and the like. More photos next week.



**Parent Opinion Survey** Each year a random sample of our parents are surveyed to seek their views and provide useful feedback to the school. At this time the actual parent comments have not been made available to the school however all data sets have. I include here just a few of these for parent interest.

The notion of a **similar school** is one that has a similar student/parent demographic. This is predominantly based on the make-up of the students including language background, parent levels of employment and or education, ethnicity and other factors.

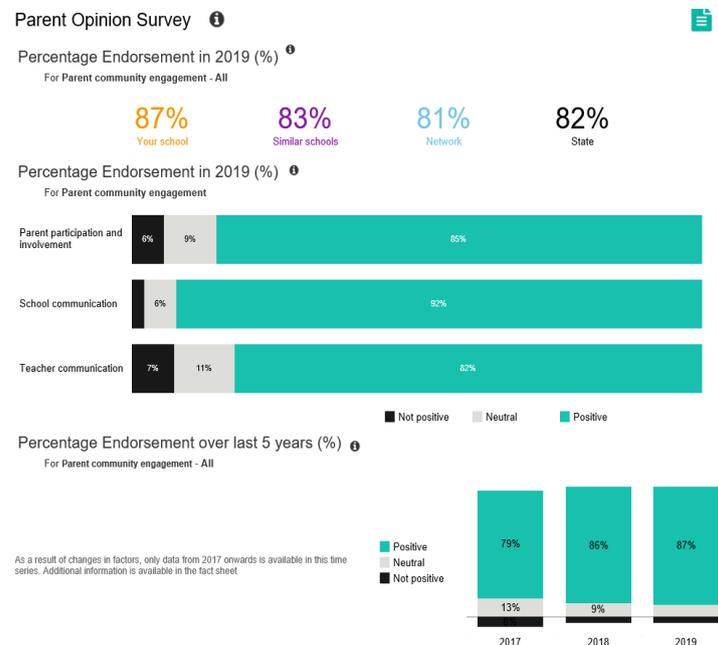
Our Network (Barwon South Western) includes 609 schools as can be seen by this data set which follows.

	Government	Catholic	Independent	Total
Barwon	79	26	11	116
Brimbank Melton	61	27	6	94
Central Highlands	84	24	6	114
Western Melbourne	92	50	16	158
Wimmera South West	92	26	9	127
South-Western Victoria	408	153	48	609

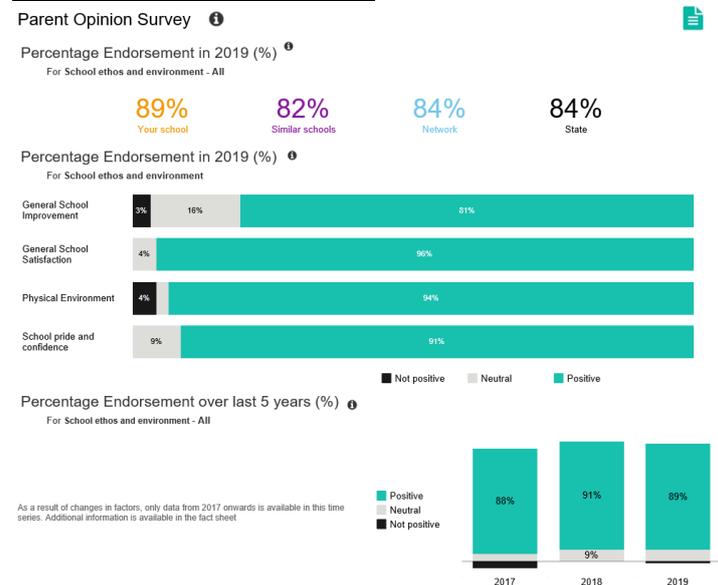
Here are two sets encompassing seven of the many elements measured by this survey. More next week.

A summary runs across the top showing our school, like or similar schools, Network and finally State. Graphs show our parent responses as percentages and detail positive, neutral and negative responses shown also by the colours within the bar graphs.

### Parent Community Engagement



### School ethos and environment



**School Concert 2019 Last chance** It seems a long time ago now but we are still actively seeking any feedback to improve our concert. Did ticketing work for you? Did the designated seating work for you? Early entry to the hall. Did that improve the congestion we experienced last time? This survey monkey will only take a few minutes so if you have time please provide us with your view.

Please go to:

<https://www.surveymonkey.com/r/KXBRTPD>



**At a recent assembly** we enjoyed listening to Prep V about what they enjoyed at swimming.



**World record attempt** is planned for the last week of term. While you are out and about shopping please consider adding some patty pans and corn flakes to your trolley for our school. We need A LOT.

Here's what we have so far but we will need lots more.



Hats are now compulsory outdoors and students are being directed to two shaded spaces during recess or lunch when they do not have a hat. Adjustable mesh bucket hats are available from our supplier PSW for around \$12. <http://www.psw.com.au/brochures-hatbag.html> Please be sure to name any new hat!

Regards from the Principal Team

**David Houghton**  
Principal ☺

**Sharon Liddle**  
and Assistant Principal ☺

Some of the **community services** and resources available to parents, children and teens.

- [Kids Helpline](#) 24/7 children and young people counselling support service
- [Parentline](#) 8am to midnight, 7 days a week, parenting counselling support service
- [The Lookout](#) information on family violence supports and local services across Victoria
- [What's ok at home?](#) website for children, young people and adult allies to support their home
- [1800 Respect](#) 24/7 family violence counselling service
- [Safe Steps Family Violence](#) Victoria's state wide 24/7 family violence support service

10 surprising ways to help an anxious child calm down

- When we think about support for anxiety, as with most mental health conditions, we're most likely to think of therapy and other fairly cerebral measures. But when someone is in the midst of an anxious situation, their ability to think and reason is severely impaired because their brain is being flooded with adrenaline. This is a difficult enough situation for an adult to cope with, but for young people who are still learning to manage their emotions it's unreasonable to expect rational thought or behaviour until they have calmed down.
  - That's where these suggestions from counsellor and author Erin Leyba can make a huge difference. The more complex, mental steps are almost all in the stages before or after an episode of anxiety, with a focus on preparation and building resilience over time. On the other hand, the tips for helping a child during or directly after an attack are deliberately simple, and focus mainly on physical steps that help with the physiological side effects caused by anxiety.
  - Overall, the article is a great reminder not only that saying 'calm down' in nearly any situation is useless, but also that for young people mid-panic attack there isn't much you can say to help. But getting them to blow into a pinwheel, or doing a goofy dance with them, just might.
- Read the full article by Erin Leyba at:

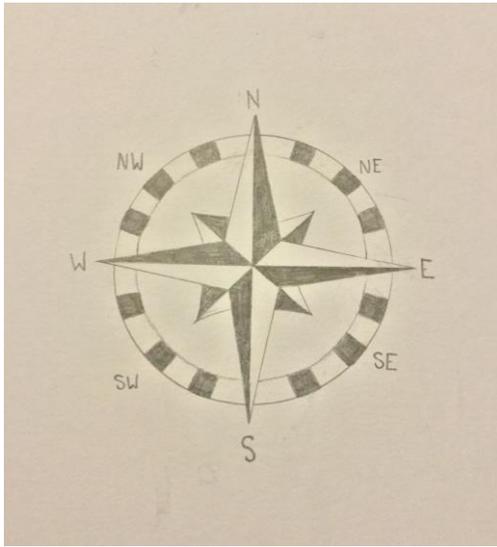
[Psychology Today](#)

[https://www.psychologytoday.com/us/blog/joyful-parenting/201903/10-surprising-ways-help-anxious-child-calm-down?fbclid=IwAR0lqGA3U9lKK8KDBJHaZq6mw cDnhGL\\_ZBO3wQY7QXtTdMaj7hu3xS2A\\_Ok](https://www.psychologytoday.com/us/blog/joyful-parenting/201903/10-surprising-ways-help-anxious-child-calm-down?fbclid=IwAR0lqGA3U9lKK8KDBJHaZq6mw cDnhGL_ZBO3wQY7QXtTdMaj7hu3xS2A_Ok)

## FROM THE ART ROOM

### YEARS 5/6

The students at this level have been investigating compasses and compass roses that pop up in the corner of maps. Older maps in particular have quite elaborate compass roses which are sometimes called a wind rose or rose of the winds. The iPads have been fantastic for finding examples of these, there are so many to look at. I gave the students directions for drawing a basic compass rose then they could choose how ornate they wanted their design to be.



### YEARS 3/4

Years 3/4 spent their art session this week making marks with oil pastels. Each student filled a piece of paper with as many different marks/effects that they could think of using an oil pastel. On a second sheet they made an artwork (free choice of topic) which had to incorporate some or all of the marks made on their first sheet. We do this type of lesson occasionally to remind ourselves that there are many options when it comes to using oil pastels rather than just using it like a pencil.



### YEARS 1/2

We all enjoyed "let's make it" construction sessions this week using small boxes, pop sticks, cardboard etc. We also used masking tape and glue sticks and spent time discussing different ways of using the tape to make attachments. The gusty wind today was certainly a test for how well our creations were put together.



### PREPS

The preps are finishing off their fibre animals by adding eyes, tails, ears and anything else that might need to be done and hopefully you'll see our menagerie next week.

**Yvonne McDonald**

Art Specialist

## PARKING ON MT PLEASANT ROAD

For the safety of all students please do not park, even for a few minutes at drop off or pick up times, between the flags and the no standing sign on Mt Pleasant Road. As well as being a safety issue, if seen by council officers you will be fined.



## GROW AND GOBBLE

### Grow and Gobble 2020?

This term is my last here at Belmont Primary School. Over the last 9 years with the help of some parents and grandparent volunteers we have delivered a fun and informative program to the students. Now we really need some people interested in helping to continue this activity, we currently meet on Wednesday at lunchtime (day is flexible) and if you think you may be able to support this program I am happy for you to come along and see what we achieve each week. Hopefully we can find a system that works so the students can continue this journey.



Feel welcome to call me Deb Biro 0413411229.

## GUINNESS WORLD RECORD ATTEMPT

Our school has been approved to attempt to set a Guinness World Record! At the end of Term 4 the Parents Club will be working with the students to make the Longest Line of Cereal-Based Treats by cooking and assembling a long line of Honey Joys. For this record attempt we will require a lot of cornflakes so we would like to ask our families to help by buying a box of cornflakes or a packet of patty pans and send them into school so we can prepare for this exciting event. More details to come soon.



## ADVERTISEMENTS

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*georgiopap1@gmail.com*  
*0416625882*

Grovedale Primary School's

**CHRISTMAS CARNIVAL**

Games, Rides,  
Raffle, Food Trucks,  
Market Stalls and  
Silent Auction

FRIDAY 6<sup>TH</sup> DECEMBER  
143 BAILEY ST,  
GROVEDALE  
4PM-8PM